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## Comparison of sports morality between universities Football and basketball team

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### Abstract

The study was conceptualized with a very specific reference to compare the sports morality between football and basketball team of Uttar Pradesh. For the purpose of study thirty two (32) state level male players of Uttar Pradesh, for the year 2012-13, i.e. sixteen (16) from football and (16) from Basketball team were selected as subjects for the present study. The subject's age ranged from 18 to 30 years.

The sports morality scores of the subjects was obtained by using sports morality questionnaire developed by dawn Slepae and David Layed Shield.

To compare between players of football and basketball team of Uttar Pradesh in sports morality, mean difference method (t ratio) 't' test was used. The level of significance was set at 0.05 levels.

Results showed that there was insignificant difference between state level male players of of football and Uttar Pradesh basketball team in relation to morality.

**Keywords:** sports morality, football, basketball

### 1. Introduction

"Morality: The motives, intentions, and actions of an individual as they are directed toward others and how these are judged by the greater society." Our morals are a simple set of rules and guidelines that help us make decisions throughout our lives, both big and small. These rules and guidelines are what set us apart from others and our actions that are the result of our morals are what make us unique from everyone else.

Morality in sports may vary according to the nature of game. The code of conduct, the liberty of hitting etc. are different in different sports. Some sports like boxing and WWF are against the social norms and ethics and are being played under strictly framed game rules in the views of spectators.

Every game has got certain moral values and which have strictly to be followed by everyone including spectators. Spectators are also to come prepared keeping in mind the nature of game. These rules and codes are based on certain principles behind them but are being ignored increasingly day by day. Therefore, looking at the codes, rules and principle of the games investigation regarding the morality is required.

Psychology, as a behavioral science, had made its contribution in this regard, it has helped the coaches to coach more efficiently and enhance sportsman's performance more proficiently. Psychology is also concerned with the total well-being and personal adjustment to those involved in sports. Psychologists are concerned with behavior understanding, explaining and ever predicting. (Jack and Blucker, 1983) <sup>[2]</sup>

The time when sports was nothing more than an enjoyable, recreation for individuals in irrevocable past. The phenomenon of sports today intervals in many fields of endeavor and very often it even has a central position. Sports have thus experienced an enormous intention qualitatively as well as quantitatively with positive and negative results. Apart from health sports with their special meaning as a prophylaxis against civilization damage and as a many side therapy; there is a high performance sports too. The extreme sports performance principal in modern high sports makes the man to his most optimal performance without passing the limits to the pathological condition. Every increased performance demands increased input increased engagement in its turn lead to increased stress. (Harold and McGee, 1979) <sup>[1]</sup>

It has been established beyond doubt,

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much of the human actions is controlled by human psychology and that psychological preparation in sports is consequential in the absence of study of human behavior as it is related to competitive sport - the virgin realm of the mind has to be explored without which neither excellence nor perfection could be ensured (Kamlesh, 1989) <sup>[3]</sup>

Morality has become one of the major part in sports psychology which should be given due consideration in games because it deals not only with feeling of sympathy but also for the respect of official, sportsmanship and moreover for respect of rules and regulation. However, whether morality differs from games to others is a matter of question that has to be found out. Therefore, attempt has been made to compare the Football and Hockey team players.

**2. Materials and Methods**

For the purpose of study thirty two (32) state level male players of *Uttar Pradesh*, for the year 2012-13, i.e. sixteen (16) from football and sixteen (16) from basketball team were selected as subjects for the present study. The subject’s age ranged from 18 to 30 years.

To assess the sports morality of the subjects, morality questionnaire developed by dawn Slephae and David Layed Shield was used.

The sports morality test was consisted of total 28 items divided in two-part. The Part “A” consisted of 20 items with four points of answers, and the positive statements no. 1,2,4,5,6,7,8,9,10,11,12,15,18,19,and 20 were scored as :-

- Not at all true 1
- Partly true 2
- Moderately true 3
- Exactly true 4

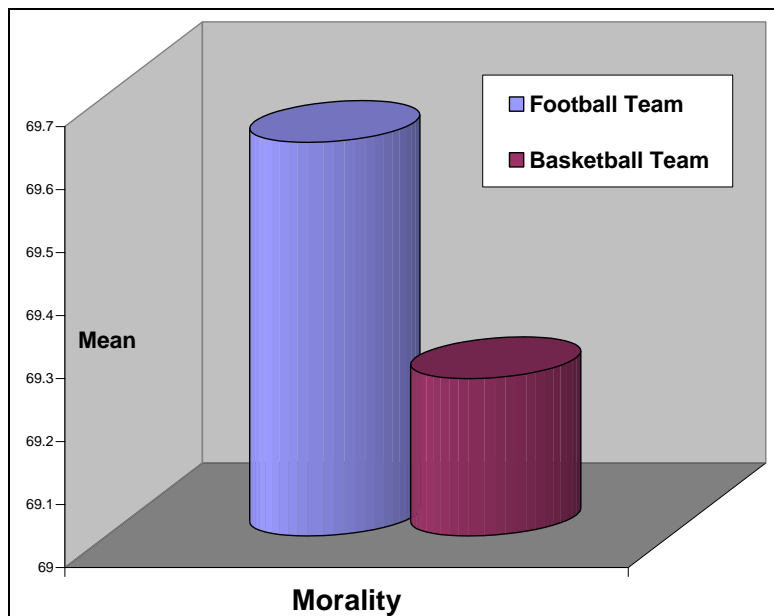
And the negative statement No. 3,13,14,16 and 17 were scored reversibly.

- Not at all true 4
- Partly true 3
- Moderately true 2
- Exactly true 1

The part “B” consisted of 8 items, which are, keyed “Yes” and “No”. For each answer, which was marked “Yes”, two points were awarded and for “No” 0 (zero) was given.

To compare the sports morality between state level male players of *Uttar Pradesh* football and basketball team, mean difference method (t-Ratio) ‘t’ test was used. The level of significance was set at 0.05 level.

**3. Results and Discussion**



**Fig 1:** Graphical Representation of Morality between State Level Football and Basketball Team (M) Players of Uttar Pradesh

**Table 1:** Mean Comparison of Morality between State Level Football and Basketball Team (M) Players of Uttar Pradesh

	Football Team of U. P.	Basketball Team of U. P.	“t” ratio
Mean	69.6250	69.2500	.301
SD	4.51479	2.74469	

Significant t 0.05 (30) = 2.042

The table-1 reveals that insignificant differences was found in morality between the state level male players of *Uttar Pradesh* football and basketball team, as the calculated value of ‘t’= .301 was less than the tabulated  $t_{.05} (30) = 2.042$ .

**4. Conclusion**

On the basis of above discussion, it is concluded that there was insignificant difference in morality between state level male players of *Uttar Pradesh* football and basketball team and all the players of university football and basketball team were similar in morality.

**5. References**

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