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Attitude of parents toward female sports persons in Haryana

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Abstract

A research study was conducted to know about the participation of Haryana girls and women in sports and philosophy of Haryana. The population of this study was different college's student's parents of District Rohtak. Total 200 respondents selected from within the population through convenient or available sampling technique. For the purpose of collection of data a structured questionnaire on five point Likert scale, ranging from strongly disagrees to strongly agree, was prepared and handed over to 200 respondents with the help of teachers in physical education of concerned schools. The main objective of the study was to know about the participation of girls and women in sports and philosophy of Haryana.

Keywords: Haryana, sports, women, sports participation

Introduction

Focusing on the above dimensions will reveal positive reasons that cause girls to participate in sport and negative reasons that cause many girls to choose not to participate in sports. In 1896, Baron Pierre de Coubertin, founder of the modern Olympics, stated: "No matter how toughened a sportswoman may be, her organism is not cut out to sustain certain shocks." Such stereotypes fuelled gender-based discrimination in physical education and in recreational and competitive sport, sporting organizations and sport media. There are many reasons to play sports, including fun, fitness, social interaction and stress relief. Participating in sports is especially important for women because it has a number of mental and physical benefits that can significantly improve women's health and enhance their quality of life. Any sport can be beneficial if you participate regularly.

Population of the study

The population of this study was different school students' parents of District Rohtak. Total 200 respondents selected from within the population through convenient or available sampling technique.

Sampling Technique

Convenient or available sampling technique was applied.

Sample Size

A Sample of 200 parents was selected from the population.

Data Collection Instrument

To examine the participation of Haryana girls and women in sports and physical activities a structured questionnaire with 12 statements on three points like art scale, ranging from "Strongly Disagree" to "strongly agree" was developed for collection of data.

In response to the question "Do you encourage your daughter/daughters to participate in the Sports tournaments?" the strongly agree response of high socio-economic status men respondents 15 out of 58, middle socio-economic status men respondents 30 out of 105 and Low socio-economic status men 8 out of 37. the agree response of high socio-economic status men respondents 14 out of 58, middle socio-economic status men respondents 26 out of 105 and Low socio-economic status men 6 out of 37 the undecided response of high socio-

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Low socio-economic status men 16 out of 37. The strongly disagree response of high socio-economic status men 15 out of 58, middle socio-economic status men respondents 20 out of 105 and Low socio-economic status men 10 out of 37.

Table 1: Response of men candidate on “Do you encourage your daughter/daughters to participate in the Sports tournaments?” according to their socio-economic status.

Q. No.	Statement	Economic status	Response				
			strongly agree	agree	undecided	disagree	strongly disagree
1	Do you encourage your daughter/daughters to participate in the Sports tournaments?	High socio-economic status	15	14	13	14	15
		Middle socio-economic status	30	26	22	22	20
		Low socio-economic status	8	6	9	16	10

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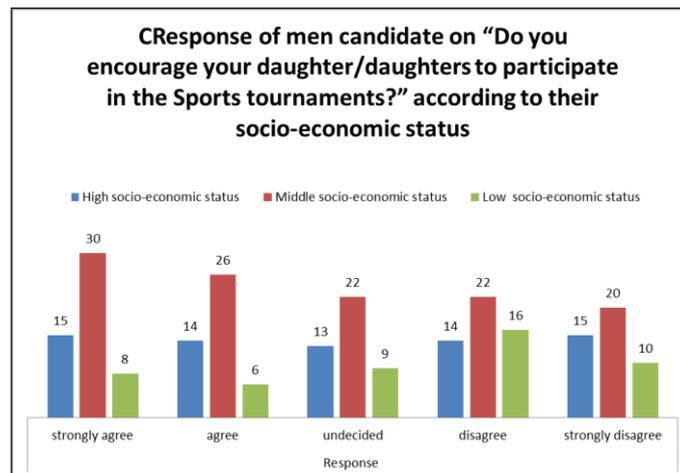


Fig 1: Graphical representation of Response of men candidate on “Do you encourage your daughter/daughters to participate in the Sports tournaments?” according to their socio-economic status.

Conclusion

It is concluded that People of Haryana not only like women sports but they want to encourage the women participation in sports practically for their overall development. Parents encourage the women to participate in sports, to promote good health and fitness and to maintain healthy life style but their ethnicity, culture, spiritual and physical challenges constrain them to participate in sports. Moreover now sports is seen as a respectable activity for women in India and parents, family members, relative and society members discourage the women to participate in sports and physical activities.

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