



ISSN: 2456-0057

IJPNPE 2017; 2(2): 2026-2028

© 2017 IJPNPE

www.journalofsports.com

Received: 24-05-2017

Accepted: 28-06-2017

Dr. Jaswinder Singh

Assistant Professor, P.G.S. Govt.

College of Physical Education,

Patiala, Punjab, India

A comparative study of personality traits of male folk dancers and other college students

Dr. Jaswinder Singh

Abstract

Introduction: The present study was conducted with a view to find out the personality traits of male folk dancers and other college students. A comparative study was designed to compare the personality traits. 32 male Bhangra dancers were selected among the participants during inter zonal youth festival of Punjabi university Patiala during the year 2017. Another group of 30 males were added as a control group. The average mean age of sample was 21.60 ranging between 17 to 25 years with SD was 2.35 years. The group of Bhangra dancers with control groups students doing their regular routine.

Methodology: To measure the personality traits subjects were administered standardized Cattell's 16 PF (Sixteen Personality Factor Questionnaire) test form A scale before they actually competitor in inter zonal youth festival. It is a non-verbal test of personality which is based on questioner's answers, after conducting the test each answer sheet was checked to make sure that there are no odd, unachievable responses. The collected data on 16 PF was treated as the row scores on different personality characteristics were converted into 'sten' scores as per manual. The mean, SD of 'sten' scores were confined for different personality characteristics. The 't' test was applied to see the results.

Conclusion: The results revealed significant differences in personality traits have been noticed among male folk dancers and other college students on the sub-parameters i.e., G (Expedient), M (Practical), Q2 (Group dependent), Q3 (Undisciplined) have been found but no significance difference has been found on other parameters. The means difference shows that the male folk dancers present almost good personality traits as they scored on almost all the factors of 16 PF personality questionnaire.

Keywords: personality traits, folk dancer

Introduction

Personality is a dynamic organization of individual and of those psycho-systems that determine his unique adjustment with environment it is made up of many components some are objective, observable and measureable, others are subjective, therefore, less easily studied and measured. There have been many approaches to the study of personality, Perhaps the main one have involved around traits and types. The former is concerned with individual factors such as honesty, Loyalty and sociability and later is more concerned with overall interpretation of total person. The scientific study of personality however is concerned with looking at and observing the person as he is.

Folk dancing, particularly Bhangra gives a strong sense of belonging, feeling of personal worth knowledge towards pleasure, international understanding, fun and recreation and release of strain and stress. All of these help in making a strong personality.

Not only to be overlooked is the fun aspect of folk dancing the sheer pleasure to be gained from lively dancing in a friendly social group. When properly presented, Folk dancing can do much to relive mental strain or emotional tensions whether the dancer is a ten year old child or tired businessman. All forms of dancing should provide recreation and also means of release of strain and stress of daily life. For all this reasons, folk dancing has become part and parcel of our educational curriculum. With all this in mind, an attempt has been made by the investigator to study the personality traits of Punjabi Bhangra folk dancers.

Design and Procedure

A comparative study was designed to compare the personality traits of male Bhangra dancers with other college students. Total 32 male Bhangra dancers were selected among the

Correspondence

Dr. Jaswinder Singh

Assistant Professor, P.G.S. Govt.

College of Physical Education,

Patiala, Punjab, India

participants during inter zonal youth festival of Punjabi university Patiala during the year 2017. Another group of males (N=30) were added as a control group. The group of Bhangra dancers with control groups students doing their regular routine. The average mean age of sample was 21.60 ranging between 17 to 25 years with SD was 2.35 years. The subjects were administered standardized Cattell 16 PF form A scale before they actually competitor in inter zonal youth festival.

Methodology

The test was administered strictly according to the instructions mentioned in the text, The 16 PF (Sixteen Personality Factor Questionnaire) Cattells measures. It is a non-verbal test of personality which is based on questioner’s answers, after conducting the test each answer sheet was checked to make sure that there are no odd, unachievable responses, eg, marking more than one alternative, making incomplete erasures, or entirely omitting a response to an item. The collected data on 16 PF was treated as the row scores on different personality characteristics were converted

into ‘sten’ scores as per manual. Each answer scores 0, 1, or 2 points, except Factor B (conceptual ability) answers, which score 0 (incorrect) or 1 (correct). Detailed instructions for obtaining raw scores are provided on the scoring keys. Scoring begins by fitting and aligning the first stencil key over the answer sheet and counting the marks visible through the holes for Factor A, allowing either 2 or 1, as indicated by the number adjacent to the hole. The obtained sten scores are then plotted on the 16PF Test Profile sheet, for each factor Sten scores of 1 – 4 come under the low score category Sten scores of 5 and 6 come under the average score category Sten scores of 7 – 10 come under the high score category The mean, SD of ‘sten’ scores were confined for different personality characteristics. The ‘t’ test was applied to see the results. The degree of precision was fixed at 0.5 level of confidence.

Analysis of Data

The purpose of the study was to find out the comparison of the personality traits of male Bhangra dancers (N=32) and other male college students (N=30).

Table: The comparison of the personality traits of male Bhangra dancers (N=32) and other male college students (N=30)

Factor	Male folk Dancer		Male College students		DM	‘t’ value	Significance
	Mean	SD	Mean	SD			
A	5.00	1.62	5.30	1.56	.30	.75	NS
B	4.53	1.50	4.03	2.18	.50	1.04	NS
C	6.34	2.04	6.47	2.27	.13	.24	NS
E	6.34	1.43	5.73	2.01	.61	1.38	NS
F	8.78	2.93	7.97	2.62	.81	1.25	NS
G	8.53	2.26	6.97	2.60	1.56	2.52	Significant
H	8.37	3.69	7.17	3.83	1.20	1.26	NS
I	5.91	1.88	5.03	2.13	.88	1.72	NS
L	5.87	1.58	6.30	2.94	.43	.70	NS
M	7.28	2.25	6.07	2.64	1.21	1.98	Significant
N	4.59	1.82	4.20	1.88	.39	.83	NS
O	6.81	2.55	7.17	2.73	.36	.54	NS
Q1	3.53	1.37	4.03	1.83	.50	1.22	NS
Q2	4.09	1.67	5.03	1.92	.94	2.04	Significant
Q3	6.44	2.19	4.97	2.33	1.47	2.58	Significant
Q4	5.25	2.66	5.93	2.72	.68	.99	NS

A glance at above table showed that the mean value of male folk dancers was 2.52, 1.98, 2.04 & 2.58 in factors G, M, Q2

& Q3 which demonstrated that they are significantly better than other college students on these personality traits.

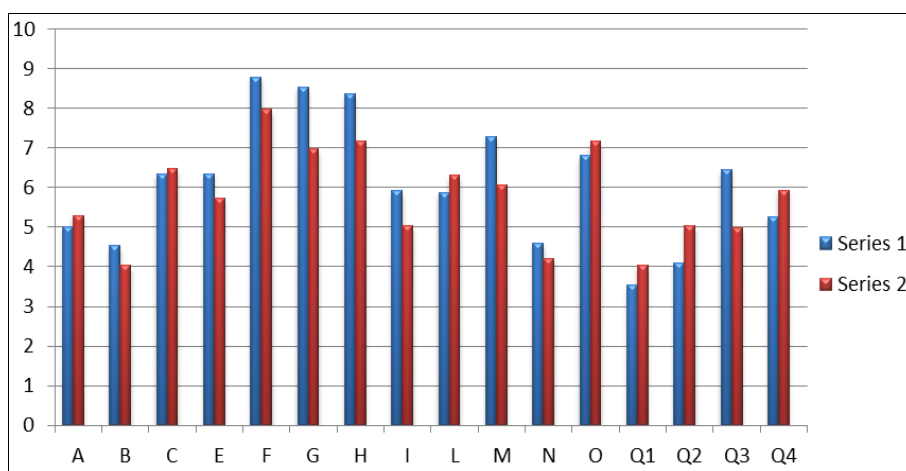


Fig 1: Series 1 Indicating male Bhangra dancers, Series 2 indicating male college students.

Conclusion

It is concluded from the results that some significant differences have been noticed among male folk dancers and

other college students. It has seen from the above table that no difference has been found on factor A (Reserved outgoing), B (Less intelligent-More intelligent), C (Affected by feeling-

Emotionally stable), E (Humble- Assertive), F (Sober), H (Shy), I (Tough minded), L (Trusting), N (Forthright), Q1 (Conservative), Q4 (Relaxed). But differences on the remaining factors i.e. G (Expedient), M (Practical), Q2 (Group dependent), Q3 (Undisciplined) have been found. Male folk dancers present almost good personality traits. They scored on almost all the factors of 16 PF personality questionnaires.

Recommendations

Keeping in view of the conclusions the same study may be conducted on national level folk dancers. The same study can be conducted on female subjects also. The practical use of results of the present study may help in selecting folk dancers for different level competitions. Research work may also be carried out by involving physical, physiological and sociological variables.

References

1. Arnold PJ. Personality and its effect of physical education on its development, FIEP bulletin 2004;54(2):39-44.
2. Chakarborothy TP. Fplk dancing: its place in physical education. SNIPES 1983;6(4):36-38.
3. Jette NM. Effect of modern dance and music on body image and self-concept in college women. Dissertation Abstract International 1998;37(1):174A.
4. Maddi S. Personality theories: A comparative analysis. Illionios: Homewood dorsdy press 2001.
5. Slaughter M. An analysis of the relationship between somato type and personality traits of college women. Research quarterly 2000;41:569.
6. Williums LRT, Parkin WA. Personality factors profiles of college going students. Int. J Sp. Psyh 1999;11(2):113.