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An assessment of reaction to frustration of soccer players

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Abstract

The objective of the current study was to investigate the reaction of frustration among soccer players. Samples of 50 male soccer players, consisting of males (age 22.50 ± 1.49 years old) are selected randomly from the statistical population of in R.T.M. Nagpur University, Nagpur were selected as subjects. In the present study the researcher adopted purposive sampling method for the selection of subjects. Following equipment was used for collection of data; frustration was measured with the help of Nairashya Meapa Frustration Test by Dr. N.S. Chouhan and Dr. Govind Tiwari. It measures reaction frustration in 4-mode aggression, resignation, fixation and regression of soccer players. To describe the characteristics of tennis player's descriptive statistics was applied to analyze the data as statistical tool. Result show that the soccer players have average frustration level.

Keywords: Assessment, reaction, frustration, soccer players

Introduction

Frustration is one the most dominating factor influencing the individual behaviour. The sources of frustration are many and diversifie. The specific situations that bring about frustration are endless but they can generally be put into three main categories—Physical environment. Man's biological liminations and psychological make-up. Besides is inevitability, frustration is a phenomenon of a great consequence to human happiness. Many psychologists have pointed out the importance of frustration towards constructive sie. The frustration may spur individual to greater and more well organised efforts, determined to achieve ultimate success and satisfaction. It may increase the strength of the motive and to redouble the efforts to go ahead with the blocked line of activity. Many of the outstanding achievements in human, social and individual history have spring out of deeply frustrating situations of background. "Frustration occurs whenever the organism meets a more or less insurmountable obstacle or obstruction in its route to the satisfaction of any vital need. According to Stanger (1961), "frustration is a state of emotional stress characterise by confusion, annoyance and anger. Interruption to gole seeking behaviour causes fruction". The person is aware of his inability to satisfy his drives and his failure to reach the goles he has set for himself, and so he feels helpless and suffers from injured pride.

Methodology

Samples of 50 male soccer players, consisting of males (22.50 ± 1.49 years old) are selected randomly from the statistical population of in R.T.M. Nagpur University, Nagpur were selected as subjects. In the present study the researcher adopted purposive sampling method for the selection of subjects. Following equipment was used for collection of data: frustration was measured with the help of Nairashya Meapa Frustration Test by Dr. N.S. Chouhan and Dr. Govind Tiwari. It measures reaction frustration in 4-mode aggression, resignation, fixation and regression of soccer players.

Statistical Analysis

To describe the characteristics of tennis player's descriptive statistics was applied to analyze the data as statistical tool.

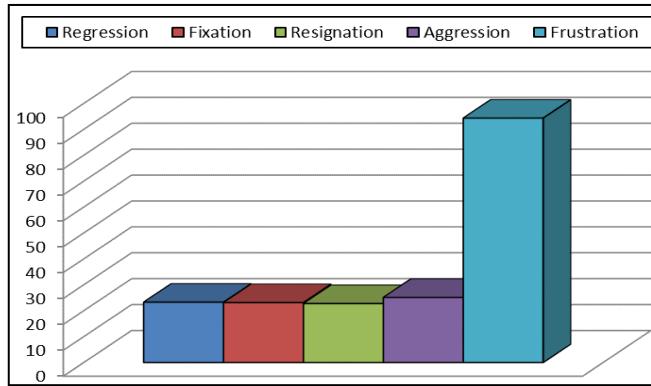
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Table 1: Mean and standard deviation scores of soccer players on reaction to frustrations

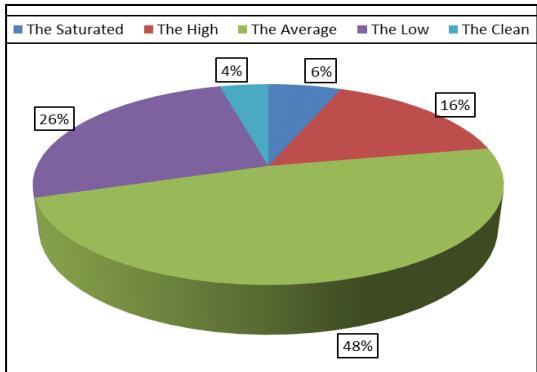
Modes	N	Mean	Standard Deviation
Regression	50	23.3	5.21
Fixation	50	23.14	4.85
Resignation	50	22.76	4.67
Aggression	50	25.14	5.68
Frustration	50	94.34	13.65

It is obvious from table no. 1 that the mean scores of reaction to frustration of soccer players is 94.34 with standard deviation 13.65. The mean scores of highest in aggression which is 25.14 with standard deviation of 5.68. The mean score in fixation is 23.14 with standard deviation 4.85. The mean score of regression is 23.3 with standard deviation 5.21 and the mean score of resignation is 22.76 with standard deviation 4.67. This table exposed that the soccer players has higher aggression level.

**Graph 1:** different reactions of frustration of soccer players**Table 2:** percentage of regression mode of frustration in soccer players

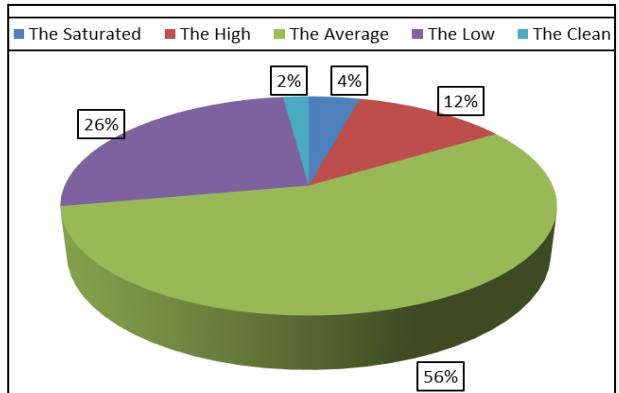
Category	Frequency	Percentage
The Saturated	3	6.00
The High	8	16.00
The Average	24	48.00
The Low	13	26.00
The Clean	2	4.00

Table No-2 reveals that percentage of various categories of regression modes of frustration of soccer players. It shows that percentage of soccer players which was the clean is (2) 4.00%, the low is (13) 26.00%, the average is (24) 48.00%, the high is (8) 16.00% and the saturated is (3) 6.00 percent respectively. The table revealed that the regression mode of frustration was average in soccer players.

**Graph 2:** percentage of regression mode of frustration in soccer players**Table 3:** percentage of fixation mode of frustration in soccer players

Category	Frequency	Percentage
The Saturated	2	4.00
The High	6	12.00
The Average	28	56.00
The Low	13	26.00
The Clean	1	2.00

Table No-3 reveals that percentage of various categories of fixation modes of frustration of soccer players. It shows that percentage of soccer players which was the clean is (1) 2.00%, the low is (13) 26.00%, the average is (28) 56.00%, the high is (6) 12.00% and the saturated is (2) 4.00 percent respectively. The table revealed that the fixation mode of frustration was average in soccer players.

**Graph 3:** percentage of fixation mode of frustration in soccer players**Table 4:** percentage of resignation mode of frustration in soccer players

Category	Frequency	Percentage
The Saturated	3	6.00
The High	4	8.00
The Average	31	62.00
The Low	12	24.00
The Clean	0	0.00

Table No-4 reveals that percentage of various categories of resignation modes of frustration of soccer players. It shows that percentage of soccer players which was the clean is (0) 0.00%, the low is (12) 24.00%, the average is (31) 62.00%, the high is (4) 8.00% and the saturated is (3) 6.00 percent respectively. The table revealed that the resignation mode of frustration was average in soccer players.

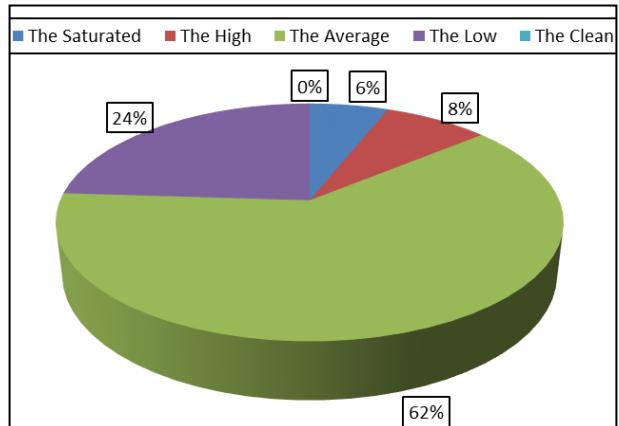
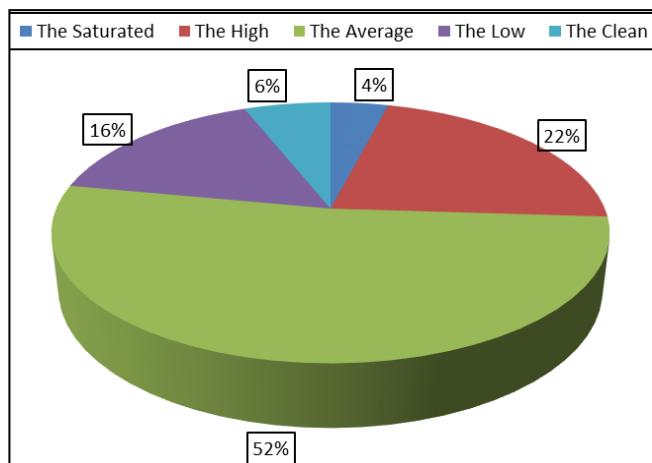
**Graph 4:** percentage of resignation mode of frustration in soccer players

Table 5: percentage of aggression mode of frustration in soccer players

Category	Frequency	Percentage
The Saturated	2	4.00
The High	11	22.00
The Average	26	52.00
The Low	8	16.00
The Clean	3	6.00

Table No-5 reveals that percentage of various categories of aggression modes of frustration of soccer players. It shows that percentage of soccer players which was the clean is (3) 6.00%, the low is (8) 16.00%, the average is (26) 52.00%, the high is (11) 22.00% and the saturated is (2) 4.00 percent respectively. The table revealed that the aggression mode of frustration was average in soccer players.

**Graph 5**

Conclusion

It may also be concluded that soccer players have average frustration level because their scores above 30 in each of the categories are matters of concern because of high frustration potential. Frustration-cleanliness is indicated by scores below 19.

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