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Arjun awardee and captain of Indian hockey team legendary Sardar Singh: A case study of an eminent player

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Abstract

The purpose of the study was to highlights the contribution and achievements of Arjun Awardee and the Captain of Indian Hockey Team, Sardar Singh towards the promotion of sports in the country and his socio-economic conditions, cultural background. The data for investigation were derived from Personal Records, Official Records, Interview, Pictorial Records and Published Records. Survey Techniques were used to obtain responses and reactions about Arjun Awardee, Sardar Singh from selected eminent sports persons, contemporaries, coaches And physical educationists from all over the country through opinion rating Questionnaire to get desired information. Sardar Singh has usually played the center half Position in India National Hockey team.He has also become the youngest player to captain the Indian national hockey team in the 2008 in Sultan Azlan Shah Hockey Tournament, and part of the 2009 team as well which won the cup. He has been the member of the Indian Hockey team's 2007 Asia cup Gold medal at Chennai, 2007 & 2009 Champions Challenge bronze medal at Boom & Salta, 2010 Asian Games Bronze Medal Guangzhou, 2010 Commonwealth Games Silver Medal at Delhi, 2011 Champions Challenge Silver medal at Johannesburg. 2011 Champions Challenge Silver medal at Johannesburg. He has captained the Indian hockey squad in 2013 Asia Cup Silver Medal at Ipoh, 2014 Asian Games Gold Medal at Incheon, 2014 Commonwealth Games Silver medal at Glasgow, and 2015 World league bronze medal at Raipur for the country. He has also been the member of Indian Hockey team 2017 Asia CupGold Medal at Dhaka. He was the recipient of Arjuna Award in 2012 and has been honoured with Padam Shree in 2015 and Rajeev Gandhi Khel Ratan Award in 2017.

Keywords: Contribution, pictorial records, opinion rating questionnaire

Introduction

The history of Hockey is as old as the human civilization. The name "Hockey" was not given to this ancient game of stick and ball until the eighteenth & nineteenth century. Undoubtedly, however, hockey has been played, in one form or the other by even the earliest civilization. There is, however, no concrete evidence of where and by whom the game was started. Several countries, including India, have contributed largely to the evolution and development of this game. It is, therefore pertinent to trace the historical evolution of the game at this stage.

Hockey is the National game of India. Hockey has been played in India from time immemorial. The Indian Hockey team is the national men's hockey team of India. It was the first non-European team to be a part of the international Hockey federation. In 1928, the team won its first Olympic Gold Medal. From 1928 to 1956, was the golden period for the Indian Hockey team. On the international scenario, there were no competitors to match the glorifying. Hands of Indian Hockey players. The power of Indian Hockey game made India famous in the world. Indian players have excellent skill and incomparable talent. The excellent technique made people think that Indian Players used some kind of black magic. Hockey is a sport in which two teams play against each other by trying to maneuver a ball or a puck into the opponent's goal using a Hockey stick. There are many types of Hockey such as bandy, field hockey and ice hockey. Often one variation of the sport, such as field Hockey or ice Hockey, predominate in a certain area and be known simply as "Hockey"

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Methodology

A case study was designed to investigate the contributions and achievements of Arjun Awardee Sardar Singh towards the promotion of Hockey in India and his philosophy towards sports as a profession in India, his quality as a player, his professional qualities and his contribution to the game of Hockey at National and International level. Data or information for this investigation was derived from the primary sources i.e. personal records, pictorial records, interview, official records and secondary sources. Investigator personally contact with Arjun Awardee, Sardar Singh for interview by taking prior appointments with him. The aim of interview was mainly to know his family background, environment influence, childhood, education, sports participation, sports career and achievements. Survey technique was used to obtain responses and reactions about Arjun Awardee, Sardar Singh from selected the eminent sports person from all over the country. Especially opinion Rating questionnaire regarding Arjun Awardee Sardar Singh was constructed with the help of experts. A questionnaire was formed and constructed by investigator in consultation with the experts. An extensive review of literature and research studies conducted on case studies up to 2012 was used for collection of the items of questionnaire. Also formal and informal discussion was done with the experts. Almost all care was taken to ensure maximum coverage of the data needed for the study along with worthwhile and meaningful responses for Respondents.

Sports Career of Arjun Awardee Sardar Singh

- Sardar Singh is the youngest player to captain the Indian National Hockey team in the 2008 in Sultan Azlan Shah Hockey Tournament, and part of the 2009 team as well which won the cup.
- He has been the member of the Indian Hockey teams 2007 Asia cup Gold medal at Chennai.
- He has been the member of Indian hockey team, 2007 & 2009 Champions Challenge bronze medal at Boom & Salta.
- He was the member of Indian Hockey team, 2010 Asian games Bronze Medal Guangzhou.
- He was the member of Indian Hockey team, 2010 Commonwealth Games Silver Medal at Delhi.
- He was the member of Indian Hockey team, 2011 Champions Challenge Silver medal at Johannesburg.
- He captained the Indian hockey squad in 2013 Asia Cup Silver Medal at Ipoh.
- He captained the Indian Hockey team, in 2014 Asian Games Gold Medal at Incheon.

- He captained the Indian Hockey team, in 2014 Commonwealth Games Silver medal at Glasgow.
- He captained the Indian Hockey team, in 2015 World league bronze medal at Raipur for the country.
- He was also the member of Indian Hockey team 2017 Asia Cup Gold Medal at Dhaka.

Honours and Awards

Arjun Awardee 2012

Sardar Singh is the recipient of Arjun Award in 2012 for achievements in the field of Hockey.

Padam shree 2015

He has been honoured with Padam Shree in January 26, 2015 for his contribution in Indian Hockey as excellent mid fielder and Captain.

Bhim Award 2017

He received Bhim Ratam Award in January 19, 2017 by Haryana

Sports and Youth Affairs Ministers for his achievements in Hockey

Rajiv Gandhi Khel Ratna Award 2017

He is the recipient of country's highest sporting honour-Rajiv Gandhi Khel Ratna Award for his excellent contribution in hockey.

Arjun Awardee Sardar Singh as a captain

Sardar Singh is the youngest player to captain the Indian National Hockey team in the 2008 in Sultan Azlan Shah Hockey Tournament. Under his captaincy the Indian Hockey team won 2013 Asia cup Silver Medal at Ipoh, 2014 Asian Games Gold Medal at Incheon, 2014 Commonwealth Games the silver medal at Glasgow, 2015 World league bronze medal at Raipur. He also captained the Indian team in Rio Olympic, 2016.

Results and discussion

To assess the different personality dimensions of Arjun Awardee and the Captain of Indian Hockey Team, Sardar Singh, opinion rating survey was conducted. Almost ninety five eminent sports persons who has been associated with him as players, admirers, colleagues, coaches and his contemporaries were chosen for the purpose. For the analysis of the data, statements were separately recorded and presented in percentages of the responses.

Table 1: Here is the Opinion Rating Questionnaire (%) on Arjun Awardee and the captain of Indian Hockey team Sardar Singh as a person

| Sr. No. | Statement | S.A. | A | D | S.D |
|---------|---|-------|-------|-------|-----|
| 1 | He is a very pleasing personality. | 83.16 | 15.79 | 1.05 | |
| 2 | He is friendly and co-operative. | 86.32 | 13.68 | | |
| 3 | He has patience and never loss his temper. | 74.74 | 25.26 | | |
| 4 | He is very Hard working. | 89.47 | 10.53 | | |
| 5 | He is fond of sports literature. | 65.26 | 23.16 | 11.58 | |
| 6 | He has good respect in his team-mates and management. | 78.95 | 20.00 | 1.05 | |
| 7 | He is a good example to others. | 83.16 | 16.84 | | |
| 8 | Thousands of people follow him regularly. | 72.63 | 22.11 | 5.26 | |
| 9 | He is health conscious and maintain his physique | 86.32 | 13.68 | | |
| 10 | He is a religious person. | 65.26 | 26.32 | 8.42 | |
| 11 | His attitude towards others is always humane. | 75.79 | 22.10 | 2.11 | |
| 12 | He has great aspiration and ambitions. | 81.05 | 17.90 | 1.05 | |
| 13 | He does not use his position for personal benefits. | 69.47 | 24.21 | 6.32 | |

| | | | | | |
|----|---|-------|-------|------|--|
| 14 | He is disciplined person. | 86.32 | 12.63 | 1.05 | |
| 15 | He does not compromise with principles. | 74.74 | 22.10 | 3.16 | |
| 16 | He is very straight forward. | 69.47 | 27.37 | 3.16 | |
| 17 | He has good public relation. | 75.79 | 24.21 | | |
| 18 | He has the ability to overcome obstacles. | 77.89 | 22.11 | | |
| 19 | He has a good sense of humours. | 77.89 | 22.11 | | |
| 20 | He has an emotionally intelligent person. | 75.79 | 24.21 | | |
| 21 | He is very regular in his exercise. | 81.05 | 17.90 | 1.05 | |
| 22 | He is very popular among his colleagues. | 78.95 | 21.05 | | |
| 23 | He is not stubborn. | 63.16 | 28.42 | 8.42 | |
| 24 | He is the role model for others. | 85.26 | 13.69 | 1.05 | |
| 25 | He believes in learning by doing. | 83.16 | 16.84 | | |

Table 2: This is Opinion Rating Questionnaire (%) on Arjun Awardee and the Captain of Indian Hockey team, Sardar Singh as a Player:

| Sr. No. | Statement | S.A. | A | D | S.D. |
|---------|--|-------|-------|-------|------|
| 1 | He is a good hockey player. | 97.89 | 2.11 | | |
| 2 | He has faith with his team-mates while playing. | 81.05 | 18.95 | | |
| 3 | He is technically sound in his work. | 80 | 18.95 | 1.05 | |
| 4 | He always maintains fitness required for his work. | 87.37 | 12.63 | | |
| 5 | He give support to his team-mates. | 78.95 | 20 | 1.05 | |
| 6 | Every team-mates show faith in him. | 76.84 | 22.11 | 1.05 | |
| 7 | He has natural ability for sportsmanship. | 81.05 | 18.95 | | |
| 8 | He tries to improve his skills and knowledge for better performance. | 84.21 | 15.79 | | |
| 9 | He cooperates with the team members in game planning and strategies. | 80 | 20 | | |
| 10 | He gives good reflections while playing. | 83.16 | 15.79 | 1.05 | |
| 11 | He maintains his performance for a long-period. | 81.05 | 18.95 | | |
| 12 | He keeps complete record of his matches. | 66.32 | 22.10 | 11.58 | |
| 13 | He follows the instruction of the coaches. | 76.85 | 22.10 | 1.05 | |
| 14 | He is a good competitor. | 82.11 | 17.89 | | |
| 15 | He is committed professional as a player. | 77.90 | 22.10 | | |
| 16 | He always maintains his physical fitness. | 84.21 | 14.74 | 1.05 | |
| 17 | He has been the wall of the Indian Hockey Team. | 85.27 | 13.68 | 1.05 | |
| 18 | He has good will power. | 87.37 | 11.58 | 1.05 | |
| 19 | He is trustworthy. | 77.89 | 14.74 | 2.11 | 5.26 |
| 20 | He is dedicated and determination person for his aim. | 81.05 | 18.95 | | |

Table 3: Now follows the Opinion Rating Questionnaire (%) on Arjun Awardee and the Captain of Indian Hockey team, Sardar Singh as a Captain:

| Sr. No. | Statement | S.A. | A | D | S.D. |
|---------|--|-------|-------|------|------|
| 1 | He maintains warmth and friendly relationship | 74.74 | 25.26 | | |
| 2 | He has good faith in his team-mates. | 80 | 20 | | |
| 3 | He supports his team-mates for better performance. | 78.95 | 18.94 | 2.11 | |
| 4 | He inspires team-mates by giving examples of outstanding sports persons. | 81.05 | 18.95 | | |
| 5 | He honours all good suggestions for improvement. | 77.89 | 15.79 | 6.32 | |
| 6 | He follows the daily schedule. | 81.05 | 18.95 | | |
| 7 | He cooperates with management in making daily schedule for teammates. | 80 | 16.84 | 3.15 | |
| 8 | He has up to date knowledge in his field. | 82.11 | 17.89 | | |
| 9 | He implies scientific approach to improve performance of his team. | 71.58 | 24.21 | 4.21 | |
| 10 | He is responsible person as a captain. | 84.21 | 14.74 | 1.05 | |
| 11 | He treats all team-mates equally. | 76.84 | 15.79 | 7.37 | |
| 12 | He motivates and encourages his team-mates for better performance. | 76.84 | 23.16 | | |
| 13 | He accepts new ideas from his team-mates for better planning. | 74.74 | 22.10 | 3.16 | |
| 14 | He is sincere in his efforts as a captain. | 82.11 | 17.89 | | |
| 15 | He is a good captain. | 82.11 | 16.84 | 1.05 | |
| 16 | He makes good game planning strategies for good results. | 77.89 | 21.06 | 1.05 | |
| 17 | He tries to focus on him to achieve the aim decided. | 77.89 | 22.11 | | |
| 18 | He cooperates with his team-mates and coaches. | 72.63 | 27.37 | | |
| 19 | He is a true leader. | 63.16 | 27.37 | 9.47 | |
| 20 | He has good communication skill. | 78.95 | 18.95 | 2.10 | |
| 21 | He is caring person as a captain. | 80 | 18.95 | 1.05 | |
| 22 | He is the hardest worker. | 84.21 | 15.79 | | |
| 23 | He is the honest person. | 70.53 | 27.37 | 2.10 | |
| 24 | He always respects others. | 74.74 | 24.21 | 1.05 | |
| 25 | He is competitive person. | 78.95 | 20 | 1.05 | |

Conclusion

- Arjun awardee Sardar Singh is the youngest player to captain the Indian Hockey team.
- Arjun Awardee Sardar Singh is an outstanding Hockey player India has ever produced.
- He is very efficient, honest and a dedicated player and strict disciplinarian.
- Arjun Awardee Sardar Singh is very friendly, cooperative, hardworking and regular in daily exercises.
- He is health conscious and always maintains his physical fitness.
- He believes in learning by doing.
- He has very good relations with his team-mates, coaches, management and competitors.
- He has been the wall of the Indian Hockey team.
- The Legendary Sardar Singh has always been a role model for others.

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