



ISSN: 2456-0057  
IJPNPE 2018; 3(1): 455-459  
© 2018 IJPNPE  
www.journalofsports.com  
Received: 25-12-2017  
Accepted: 05-01-2018

**Charan Singh**  
Ph.D. Scholar,  
Dept. of Physical Education  
CDLU, Sirsa, Haryana, India

**Dr. Monika Verma**  
Professor, Dept. of Physical  
Education CDLU, Sirsa,  
Haryana, India



## Namdhari Hockey: A case study of selected Namdhari hockey players

**Charan Singh and Dr. Monika Verma**

### Abstract

Hockey is the National Game of India and has been played in India from ancient times. There was a golden era of Indian hockey when India ruled the game. On the International scenario, there were no competitors to contest the miraculous hands of Indian hockey players. These qualities of Indian hockey made India synonymous with the game. Unrivalled excellence and unique talent of Indian players became folklore. The contribution of Namdhari Hockey players in terms of their elevated performance and achievements at National/International level plays a very significant role in the promotion of the hockey game in the state of Haryana, Punjab and India in general. To find out what kind of contribution and achievements of Namdhari Hockey players to Indian hockey, the present study is taken into consideration for the research study.

**Keywords:** Hockey, Namdhari, Achievements, Tournaments, Indian Hockey.

### Introduction

The Namdhari Sports Academy got registered on 7<sup>th</sup> January 2004 at village Shri Bhaini Sahib situated at Ludhiana. The Society is established for the promotion of sports and games especially in the field of hockey. The Namdhari Sports Academy conducts various tournaments at district, state and national level. The society also distributes awards, medals and trophies to the winning and runner-up teams with the main object of promotion of sports and games. The academy gives the coaching to the young sportsmen in the field of sports, physical exercises to develop better stamina for healthy sportsmanship. They also inculcate sense of discipline, spirit of sportsmanship and service to motherland among the coming generations. The sports academy encourages the talented and promising young sportsmen, and also gives them grants and economic assistance. This academy has produced a number of international players. We will study the brief profile of the players in the later part of the study.

### Objectives of the Study

The objective of the study is to assess the contribution of selected Namdhari Hockey players to Indian Hockey.

### Hypotheses of the Study

It is hypothesized that the selected Namdhari Hockey players would have contributed to Indian - Hockey a lot.

### Limitations of the Study

The study is limited to making profiles of selected Namdhari Hockey players who represented India at International level.

### Delimitations of the Study

This study is delimited to selected Namdhari Hockey players who represented India at national and international level. The study is also delimited to their contributions in the form of performance and achievements.

**Correspondence**  
**Charan Singh**  
Ph.D. Scholar,  
Dept. of Physical Education  
CDLU, Sirsa, Haryana, India

### Significance of the Study

This study presumes immense significance given to its comprehensive study to delineate the contributions of selected Namdhari Hockey players to Indian Hockey. It also reveals the contributions of selected Namdhari Hockey players to Indian Hockey at national and International Hockey matches in the form of their performance.

### Review of Related Literature

Dhillon (2001) undertook the case study of S. Balbir Singh, who was an Indian Hockey player. The purpose of the study was to reveal the wonderful impact of S. Balbir Singh on India's Hockey Field. This study was undertaken to investigate the life history and sporting career of S. Balbir Singh.

Rathee N. K. and Bala Suman (2012), in today are ferociously competitive and highly commercialized sporting pitch, physical expertise is no more the only deciding factor to influence sports outcome. Those who reach the top have some unique physical abilities, psychological and emotional attributes. This study was conducted to explore the life history, philosophy and the sporting career of renowned Indian hockey player Dhanraj Pillay.

Manjunath, Sahadevappa (2015) [2] did a study on "Indian hockey a case study of Karnataka Hockey players". He investigated the contributions and achievements of Karnataka Hockey players in Indian hockey and found the result tremendous. This study was undertaken to explore the life history and achievements of the players who belonged to the region of Karnataka and who played in Indian team.

Vaidya, Madhuri P. (2013) [1] evaluated the efforts and achievements of Shree H.V.P. Mandal in the field of physical education and sports. The purpose of her study was to know "the step by step development of Shree H.V.P. Mandal since its inception up till 1980 and then important events as a whole" (18). She also made her readers acquainted with the activities that are carried out in the institution.

S. K. Yadav and Pradeep Kumar (2012), the purpose of this study was to highlight the contributions and achievements of Padma Shri Shankar Laxman towards Indian hockey, to enlist his professional leadership qualities and to study his philosophy with regards to Indian Hockey. He was the first Goalkeeper Captain in the world. He was member of the Olympic Gold medal winning hockey team in 1956 at Melbourne, 1958 Asian Games Silver medal at Tokyo, 1960 Olympics Silver medal (Rome), 1962 Asian games Silver medal (Jakarta), 1964 Olympics Gold medal Tokyo. He Captained the Indian hockey squad in the 1966 Asian games at Bangkok and won Gold medal for the country. He was honoured with Padma Shri award in 1967 and was the recipient of the Arjuna award in 1964.

Karad (2006) [5], conducted a case study on Dhanraj Pillay, who was born in Khadki, Pune on the 15th July 1968. Dhanraj Pillay and his family went through hard times during his childhood days.

He was supported by his parents and his brothers. His father was a grounds man. His brothers were also good hockey players that made him take up hockey. Mohammed Shahid was his role model and motivator. In 1989 he was selected for National Championship, in which his team was the winner. His International debut was against China in 1989. He was coached by Jude Felix in his early days. He was also the Captain of the Indian Hockey team. Dhanraj was a unique sportsman to get the "Arjuna Award", "Khel Ratna Award" and the "Padmashree Award". He represented India in four

World Cups, four Asian Games and three Olympics Games. He was the only Indian be nominated as the "World Best Male Players Award" twice by FIH.

### Analysis of Data and Interpretation

A case study was designed to investigate the contributions and achievements of selected Namdhari Hockey players to Indian Hockey towards the promotion and development of hockey game. The present case study is conducted on total five hockey players of Namdhari XI team who represented the Indian hockey team at national and International level.

#### 1. Santa Singh



Santa Singh is an Indian Hockey player born and brought up in 1996 in village Sant Nagar, the newest hockey nursery, situated in district Sirsa of State Haryana. His Father's Name is Mr. Sukhdev Singh and Mother's Name is Mrs. Baljinder Kaur. He had played for the Namdhari XI team from 2006 to 2017. Now he is the team member of hockey club of Punjab & Sind Bank. His achievements on the field are like this.

#### Domestic Tournaments

- Bangalore League 2012 (Namdhari)
- Surjit Hockey Tournament 2013 (r.c.f)
- Nehru Hockey Tournament 2013 (r.c.f)
- Brighton Cup 2013 (north railway)
- 4<sup>th</sup> Hockey India Junior National Championship 2014 (Haryana) Bronze Medal
- 4<sup>th</sup> Hockey India Senior National Championship 2014 (Namdhari)
- Surjit Hockey Tournament 2014 (Namdhari)
- 5<sup>th</sup> Hockey India Junior National Championship 2015 (Haryana) Bronze Medal
- 5<sup>th</sup> Hockey India Senior National Championship 2015 (Namdhari)
- 6<sup>th</sup> Hockey India Senior National Championship 2016 (Namdhari)
- 7<sup>th</sup> Hockey India Senior National Championship 2017 (Punjab and Sind Bank) Silver Medal

#### International Tournaments

- 4<sup>th</sup> Sultan of Johor Cup Junior Invitational Tournament at Johor Bahru, Malaysia 12 October to 19 October 2014. Indian Team won the Gold Medal.
- Test Series at Brisbane, Australia from 02<sup>nd</sup> December to 13<sup>th</sup> December 2014. Indian team won the series.
- Volvo International U-21 Men at Breda, Netherlands 18 July to 25 July 2015.
- 5<sup>th</sup> Sultan of Johor Cup Junior Invitational Tournament at Johor Bahru, Malaysia from 11 to 18 October 2015. Indian team won the Silver Medal.
- 8<sup>th</sup> Men's Junior Asia Cup at Kuantan, Malaysia from 14 to 22 November 2015. Indian team won the Gold Medal.
- Exhibition Matches at Yekaterinburg, Russia from 09 & 10 July 2016.

- Training & Matches at London, England from 19 July to 02 August 2016.
- Australian Hockey League at Perth, Australia from 29 September to 09 October 2016.
- 4 Nations International Junior Hockey Tournament at Valencia, Spain from 24 October to 30 October 2016.
- Utter Pradesh Hockey Junior World Cup Men Lucknow 2016 at Lucknow, (India) 08 to 18 December 2016. Indian team won the Gold Medal.

## 2. Gurmail Singh



Gurmail Singh also belongs to the same village Sant Nagar. He was born in 1992. His Father's Name is Mr. Kabal Singh and Mother's Name is Mrs. Ninder Kaur. He had played for the Namdhari from 2001 to 2013. Now he has been playing for the team of Punjab & Sind Bank since 2013.

### Achievements

- 7<sup>th</sup> Junior Men Asia Cup at Melaka, Malaysia from 29<sup>th</sup> April to 14 May 2012. India won the Bronze Medal.
- 2<sup>nd</sup> Sultan of Johor Cup Tournament at Johor Bahru, Malaysia from 11<sup>th</sup> November to 18<sup>th</sup> November 2012. India won the Silver Medal.
- Lanco International Super Series at Perth, Australia from 21 to 27 November 2012.
- FIH Champions Trophy at Melbourne, Australia from 28<sup>th</sup> November to 10<sup>th</sup> December 2012.

### Achievements

Sr. No.	Tournaments	Place	Year	Position
1.	Junior National Hockey Championship	Pune	2011	Winner
2.	1 <sup>st</sup> Sultan of Johar Cups	Malaysia	November 2011	Participate
3.	7 <sup>th</sup> Men's Junior Hockey Asia Cup	Malacca, Malaysia	2012	Runner Up
4.	2 <sup>nd</sup> Senior National Hockey Championship	Bangalore	23 Sept. to 02 <sup>nd</sup> Oct. 2012	Participate
5.	9 <sup>th</sup> Asia Cup Men's Hockey Tournament	Ipoh Park, Malaysia	24 Aug. to 01 Sept. 2013	Runner Up
6.	World League Round-2		2013	Winner
7.	03 <sup>rd</sup> Men and Women Asia Champion Trophy	Kakamigahara, Japan	02 <sup>nd</sup> to 10 <sup>th</sup> November 2013	Participate
8.	Azlan Shah Cup	Malaysia	2013	Participate
9.	Junior World Cup	Delhi	06 to 15 December 2013	Participate
10.	1 <sup>st</sup> Hockey Indian League 2013 (Punjab Warriors)	India	2013	Participate
11.	2 <sup>nd</sup> Hockey Indian League 2014 (Punjab Warriors)	India	2014	Runner Up
12.	04 <sup>th</sup> Senior National Hockey Championship	Lucknow	11 to 23 March 2014	Participate
13.	3 <sup>rd</sup> Hockey Indian League 2015 (Punjab Warriors)	India	2015	Runner Up
14.	05 <sup>th</sup> Senior National Hockey Championship	Pune	06 to 28 April 2015	Winner
15.	Surjit Hockey Tournament	Jalandhar	2015	Winner
16.	06 <sup>th</sup> Senior National Hockey Championship	Uttar Pradesh	19 April to 1 <sup>st</sup> May 2016	Winner
17.	Hockey Indian League 2016 (Kalinga Lancers)	India	2016	Runner Up
18.	Muruguppa Gold Cup	Chennai	2016	Winner
19.	Abdullah Khan Hockey Tournament	Bhopal	2016	Winner
20.	Surjit Hockey Tournament	Jalandhar	2016	Participate
21.	Hockey India League 2017 (Kalinga Lancers)	India	22 Jan. to 26 Feb. 2017	Winner
22.	07 <sup>th</sup> Senior National Hockey Championship	Lucknow	15 to 25 June 2017	Winner

- 22<sup>nd</sup> Sultan Azlan Shah Tournament at Ipoh, Malaysia from 03<sup>rd</sup> March to 17<sup>th</sup> March 2013.
- Europe International Tour at the Netherlands from 27<sup>th</sup> April to 09<sup>th</sup> May 2013.
- Rabobank Hockey World League Semi-final Men at Rotterdam, Netherlands from 05<sup>th</sup> June to 23<sup>rd</sup> June 2013.
- 9<sup>th</sup> Men's Asia Cup 2013 at Ipoh, Malaysia from 24<sup>th</sup> August to 01<sup>st</sup> September 2013. India won the Silver Medal.
- 3<sup>rd</sup> Men's Asian Champions Trophy at Kakamighara, Gifu, Japan from 31<sup>st</sup> October to 11<sup>th</sup> November 2013.
- Training cum Practice Matches at Bangladesh from 05<sup>th</sup> August to 10<sup>th</sup> August 2014.
- Test Series India Vs Japan held at Bhubaneswar, Odisha from 01<sup>st</sup> May to 10<sup>th</sup> May 2015.
- Hockey Men's World League Semi-final held at Antwerp, Belgium from 20<sup>th</sup> June to 05<sup>th</sup> July 2015.
- Hockey India League four times play 2013, 2014, 2015 & 2016.

## 3. Malak Singh



Malak Singh was born on 30 December 1992. His Father's Name is Mr. Baldev Singh. His playing position is forward on the field. Now he is working with Western Railway (Mumbai).

#### 4. Karamjit Singh

Karamjit Singh was born on 12 November 1989 at Sant Nagar in District Sirsa. His Father's Name is Mr. Balkar Singh and Mother's Name is Smt. Jagir Kaur. He had played for Namdhari XI from 2001 to 2010.

##### Achievements

- Represent INDIA in year 2008 India/Argentina Hockey Test Series under 21 in Argentina. (Winner).
- Played Hockey India League 2014 for JP Punjab Worriers. (Runner up) 3. Played World Series Hockey 2012 for Sher-E-Punjab (Winner)
- Played Scramento Cup 2016 for the S.B.D.S Club in Scramento (USA).
- Played California Cup 2007 for Namdhari Hockey Team (USA) (Winner) (Best Scorer).
- Played 2nd Surrey Cup 2008 for the Namadhari Hockey Team (Canada) (Winner)
- Played Gurunanak Cup Hockey Tournament in California in 2007 (USA) (Winner) (Player of the Tournament).
- Played 1st Hockey India Senior National 2011 for Haryana team in Bhopal (Gold Medal).
- Played 7th Hockey India Senior National 2017 for Punjab & Sind Bank Lucknow (Silver Medal)
- Played 2<sup>nd</sup> Hockey India Senior National in Bangalore in 2012.
- Played 3<sup>rd</sup> Hockey India Senior National in Pune in 2013.
- Played 6<sup>th</sup> Hockey India Senior National in Saifai, Uttar Pradesh in 2016.
- Played All India Jawahar Lal Nehru Hockey Tournament for Punjab & Sind Bank in New Delhi in 2013 (Winner)
- Played All India Jawahar Lal Nehru Hockey Tournament for Punjab & Sind Bank in New Delhi in 2014 (Runner Up)
- Played All India Jawahar Lal Nehru Hockey Tournament for Punjab & Sind Bank in New Delhi in 2015 (Winner)
- Played All India Surjit Hockey Tournament for Punjab & Sind Bank in Jalandhar in 2013 (Winner)
- Played All India Surjit Hockey Tournament for Punjab & Sind Bank in Jalandhar in 2014 (Runner Up)
- Played All India Gurmit Hockey Tournament for Punjab & Sind Bank in Chandigarh in 2013 (Winner)
- Played All India Gurmit Hockey Tournament for Punjab & Sind Bank in Chandigarh in 2015 (Winner)
- Played All India Gurmit Hockey Tournament for Punjab & Sind Bank in Chandigarh in 2016 (Winner)

#### 5. Gurvinder Singh



Gurvinder Singh was born in 1988. His Father's Name is Mr. Balbir Singh. His Field Position is Forward and Midfielder. He had played for the Namdhari team from 1997 to 2010. After that he had worked with Punjab & Sind Bank till 2014. Currently he plays with Surinder lion's field hockey club, Surrey, Canada.

##### Achievements

- Represent India in the year 2003 Junior Asia cup (Bangladesh). (WINNER)
- Represent India in 2006 at six nation tour in Polland. (WINNER)
- Represent India in 2006 in Singapore four nation Gold Cup tournaments. (RUNNER UP)
- Played for Sher-e-Jalandhar in PHL 2007 at Chandigarh. (RUNNER UP)
- Played for Sher-e-Jalandhar in PHL 2008 at Chandigarh.
- Played for Punjab in 1st hockey India senior national at Bhopal. (3rd place)
- Played for Punjab in 34<sup>th</sup> National Games at Ranchi in 2011. (WINNER)
- Played California Cup 2007 for Namdhari Hockey Team (USA). (WINNER)(BEST PLAYER)
- Played 2<sup>nd</sup> SURREY CUP 2008 for Namdhari Hockey Team (CANADA). (WINNER)(BEST HALF BACK)
- Played Gurunanak Cup Hockey Tournament at California in 2007 (USA). (WINNER)
- Played Punjab Games 2011 for Ludhiana District at Jalandhar. (WINNER)
- Played All India Jawaharlal Nehru Hockey tournament for Namdhari XI at Chandigarh in 2009. (WINNER)
- Played All India Lal Bahadur Shastri Hockey tournament at New Delhi for Namdhari Hockey Team in 2007. (WINNER)
- Played All India Guru Gobind Singh Hockey Tournaments for Namdhari Hockey Team in 2008 at Ludhiana. (WINNER)(BEST PLAYER)
- Played Karnataka State Hockey League 2007 for NAMDHARI. (3RD PLACE)
- Played Senior National at Jalandhar for Namdhari XI in 2006. (FORTH PLACE).
- Played Junior National at Chennai for Namdhari XI in 2007
- Played All India Gurmit Hockey Tournament at Chandigarh 2007-08.(WINNER)
- Played All India Jawaharlal Nehru Hockey tournament for Namdhari XI at New Delhi in 2007. (RUNNER UP)
- U-18 Junior National (Karim Nagar) in 2001.
- All India K.D. Singh Babu Hockey Tournament (Lucknow) 2003 (Third Place)
- All India Nehru Hockey Tournament (Delhi) 2003-04.
- All India Bombay Gold Cup (Bombay) 2003.
- Junior Nationals (Raipur) 2003.
- Sub Junior Nehru Hockey Tournament (Delhi) 2002, 2<sup>nd</sup> Place.
- Karnataka State Hockey League (Bangalore) 2002.
- Karnataka State Hockey League (Bangalore) 2003.
- Karnataka State Hockey League (Bangalore) 2004.
- U-17 School Nationals (Delhi) 2001, Silver Medal
- Attend Junior World Cup Camp (Delhi) 2004.

##### Conclusion

The above mentioned achievements clearly shown that the selected Namdhari Hockey players have contributed a lot at National and International level. Finally, it is concluded that they have made a significant and pivotal contribution to Indian Hockey at National and International level.

##### References

1. Vaidya Madhuri P. "Evaluation of Efforts and

- Achievements of Shree H.V.P. Mandal in Physical Education and Sports. Thesis. Print. 2013.
2. Manjunath, Sahadevappa. Indian hockey a case study of Karnataka Hockey players. Thesis. Print, 2015.
  3. Kaur, Paramjeet. Indian Sports, 2016.
  4. Gupta, Shashank. Private but aggressive team, the Namdhari, 2016.
  5. Karad Dinesh. *A case study of Dhanraj Pillay*. Print, 2006.
  6. Links
  7. <http://new-indiansports.blogspot.in/2012/08/indiansports-thehistory-of-sports-in.htm>
  8. <http://www.stick2hockey.com/Article/Private-but-aggressive-team,-the-Namdharis-/7561.html>