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A study of attitude of parents toward female sports

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Abstract

A research study was conducted to know about the participation of Haryana girls and women in sports and philosophy of Haryana. The population of this study was different school students' parents of District Bhiwani. Total 400 respondents selected from within the population through convenient or available sampling technique. For the purpose of collection of data a structured questionnaire on five point Likert scale, ranging from strongly disagrees to strongly agree, was prepared and handed over to 400 respondents with the help of teachers in physical education of concerned schools. The main objective of the study was to know about the participation of girls and women in sports and philosophy of Haryana. The result of the study indicated that parents like sports and their opinion about women sports are good. The result of the study further confirmed that Haryana people philosophy about women sports is now changing day by day.

Keywords: haryana, sports, women, sports participation.

Introduction

Sports play a vital role in physical, mental, emotional, social and psychological development of its participants without any discrimination of gender. Male and female are equal but still women are facing numerous problems of inequality throughout the world especially in developing countries of the world. In some countries they are not allowed to participate in some kind of sports while in some Islamic countries women are not allowed to participate in any kind of sports. Although participation of women and girls in all kind of sports and their right to play is a global issue but it is generally conceive that women and girls in Islamic countries are facing countless problems in this regard.

The participation of women in sports and physical activities has been topic of debate since long. Some say that female participation in sports is prohibited in Dharma. Other says that under the philosophy of women have equal rights in society and their participation in sports is not prohibited in dharma. A continuing debate about participation of Indian women in sports and physical activities has occurred since long. Moreover it is said that Indian women are constrained by their parents, relatives and society members from participating in sports and physical activities. It is also said that cultural and ethnic factors, spiritual and physical challenges constrained women to participate in sports. How accurate are those statement need further research. In this context the researchers conducted present research study to examine the perspective of Indian women toward the involvement in sports and physical activities.

Population of the study

The population of this study was different school students' parents of District Bhiwani. Total 400 respondents selected from within the population through convenient or available sampling technique.

Sampling Technique

Convenient or available sampling technique was applied.

Sample Size

A Sample of 200 parents (total no-400) was selected from the population.

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Data Collection Instrument

To examine the participation of Haryana girls and women in sports and physical activities a structured questionnaire with

12 statements on three point Likert scale, ranging from “Strongly Disagree” to “strongly agree” was developed for collection of data.

Table 1: Response of Parents towards women sports

S. No.	Statement	Response				
		Strongly Agree	Agree	Undecided	Disagree	Strongly Disagree
1	Do you want women sports?	136	116	41	50	57
2	Do you feel that reading a book is more necessary than taking part in Sports for women?	134	72	8	72	114
3	Do you think that in India women do not have a career in Sports?	124	118	44	54	60
4	Do you want that your daughter/daughters to participate in Sports?	46	112	89	94	59
5	Do you encourage your daughter/daughters to participate in the Sports tournaments?	130	120	50	20	80
6	No commercial status of the game	45	60	70	110	115
7	Sport is not seen as respectable activity for women in India.	25	30	95	130	120
8	Do you permit your daughter/daughters to travel outside the district/state to participate in Sports?	110	112	60	58	60
9	Does your religion prohibit the women participating in Sports outside the family?	20	25	80	135	140
10	Do you allow your daughters to take part in activities like swimming, gymnastics which require specific kind of uniforms?	124	132	54	40	50
11	Do you permit your daughter/daughters to playing Sports tournaments with boys/males?	137	120	40	70	42
12	Indian history reveals that women have confined them self to passive role rather than active role, so should women participate in Sports games?	117	189	17	43	34

The above mentioned results have shown that parents attitude towards sports is positive and they not only like sports but they also like to encourage the girls to participate in sports for their overall development i. e. physical, mental, social, emotional and psychological development but their ethnic and cultural factors as well as spiritual and physical challenges forbid them to participate in sports. The results of the study confirmed that people encourage the women to participate in sports to develop and maintain good health and fitness. The result of the study also confirmed that now women sport is seen as respectable activity for women in India. The literature on gender and sports also confirm that Indian women are facing numerous constraints as compared to men regarding their participation in sports in India. (Henderson and Bialeschki 1993; Shaw, 1994) ^[5,9]

Conclusion

It is concluded that People of Haryana not only like women sports but they want to encourage the women participation in sports practically for their overall development. Parents encourage the women to participate in sports, to promote good health and fitness and to maintain healthy life style but their ethnicity, culture, spiritual and physical challenges constrain them to participate in sports. Moreover now sports is seen as a respectable activity for women in India and parents, family members, relative and society members discourage the women to participate in sports and physical activities.

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