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Inderjit Singh
 Assistant Professor Lovely
 Professional University, Punjab,
 India

Royan Lama
 Research Scholar Lovely
 Professional University, Punjab,
 India

Relationship of impulsiveness with frustration of young athletes

Inderjit Singh and Royan Lama

Abstract

The purpose of the study was to scrutinize the relationship of impulsiveness with frustration on 100 male young athletes with age group of 18 to 30 from Lovely Professional University were selected by using random sampling technique. Impulsiveness scale constructed by Dr. S.N. Rai and Dr. Alka Sharma, Reactions to frustration scale constructed by Dr. B.M. Dixit and D.N. Srivastava were used as the tools of the present work for data collection. To find out the results of the study Pearson Correlation was used as the statistical analysis on SPSS version 20. The conclusion of this study revealed that there was significant and positive relationship found between impulsiveness and frustration of young athletes.

Keywords: impulsiveness, frustration, young athlete

Introduction

Impulsiveness in literature usually refers as diminution in the ability to controls ones behaviour or in other it means a person not having that much ability to control his desire, lack of self control. Having impulsiveness high may contribute either directly or indirectly to an increased like hood of offending. (Ramirez and Andreu 2006) [4] Directed an investigation to look at the connection between those sorts of animosity and other related mental builds, for example, outrage, threatening vibe, and impulsivity, outlining the principle exact after-effects of our exploration in advance. As anticipated, there was a positive connection amongst understanding and articulation of outrage. Outrage included physiological excitement and arranged for hostility. Outrage and rashness were additionally emphatically associated with unfriendly animosity, yet not with instrumental hostility. On account of imprudence, non-arranging indiscretion was emphatically associated with a few circumstances identified with unfriendly animosity, for example, enthusiastic tumult or absence of correspondence, yet not with instrumental one. At last, antagonistic vibe decidedly associated with outrage and various types of animosity, however not its level of defence. In total, animosity can be reflected in the diverse identity develops, estimated without anyone else's input reports. (Gvion and Apter 2011) [3] This paper analyzes a lack of ability to concentrate consistently clutter (ADD) with hyperactivity (ADDH) and without hyperactivity (ADDWO). The writing is laid out, uncovering the territories of conceivable contrasts to be the center manifestations, as well as related direct and passionate indications, social relations working, learning, medicinal scatters, family history, and course and result of the confusion. Experimental information are introduced contrasting age and sex coordinated gatherings of youngsters from a discourse/dialect centre example with ADDH (N = 40) and ADDWO (N = 40). Despite the fact that the strategies for the present examination are not quite the same as those of past investigations, they in any case bolster various past discoveries, and, further, offer help to the outer legitimacy of the ADDWO analytic classification.

Objective

- To analyze the relationship of impulsiveness with frustration of young athlete.

Hypothesis

- There exists a positive relationship of impulsiveness with frustration of young athlete.

Correspondence

Inderjit Singh
 Assistant Professor Lovely
 Professional University, Punjab,
 India

Methodology

Total 100 male students were selected through random sampling technique as the sample of the study from the department of Physical Education, Lovely Professional University, Phagwara, Punjab. The age of the sample was 18 to 30. For this study two scales were used for data collection, Impulsiveness scale constructed by Dr. S.N. Rai and Dr. Alka

Sharma (2013), Reactions to frustration scale constructed by Dr. B.M. Dixit and D.N. Srivastava (2011). To find out the results Pearson Correlation was used for the analyzing of data on SPSS version 20 as the statistical analysis with 0.05 levels of significance.

Results and Discussion

Table 1: Show the Correlation between Impulsiveness and Frustration of Young Athlete

Group	Variable	N	Mean	SD	Df	Correlation
Young athlete	Impulsiveness	100	14.15	3.14	99	.474*
	Frustration	100	98.26	9.31		

Tabulated value at df 99= 0.25

*significant at 0.05 level

The table no.1 shows the correlation of impulsiveness and frustration of young athletes. The mean score of the impulsiveness and frustration of young athletes, which was 14.15 and 98.26 respectively, and standard deviation was 3.14 and 9.3 respectively, supported by Mihai Anitei & Miheacla Chraif, (2013) [1]. The table above shows that the 'r' value of impulsiveness and frustration of a young athlete. 474, whereas the table value for the same was found to be 0.25 at 0.05 level

of significance. The calculated value of 'r' was found greater than the table value, which indicates that the two selected variables, impulsiveness and frustration showing significant relation. Hence, the hypothesis "there exist significant differences between impulsiveness and frustration of young athletes" is accepted. The findings mean score of the Impulsiveness and frustration of young athlete, which was 14.15 and 98.26 respectively.

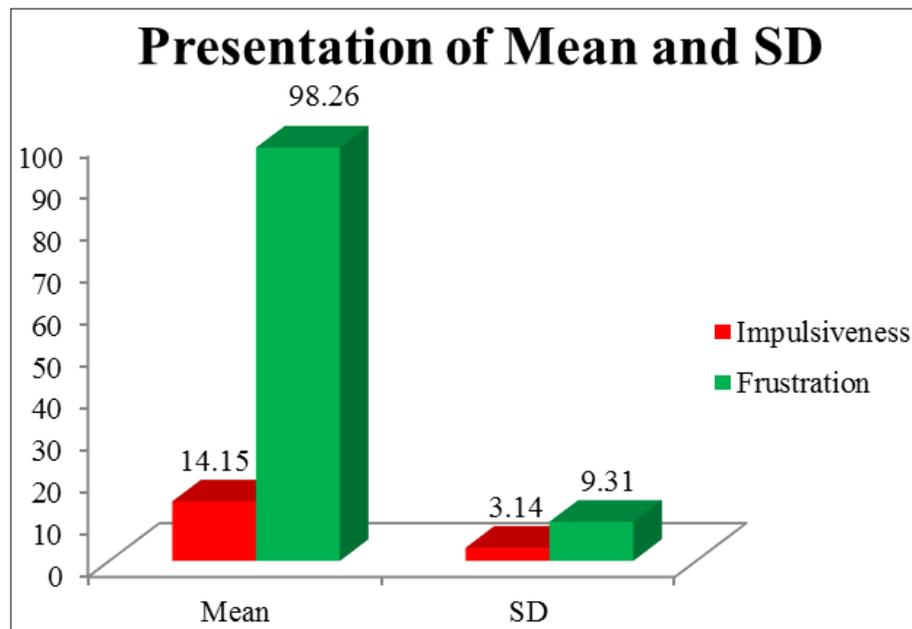


Fig 1: showing the Mean Value of impulsiveness and frustration of young athletes.

Conclusion

On the basis of the finding of the present study it can be concluded that significant and positive relationship was found between impulsiveness and frustration of young athletes.

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