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An assessment of sports achievement motivation among intercollegiate women volleyball players of Kuvempu University

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Abstract

Introduction: The word 'Sports' occasionally denotes either to a pleasant part time or somewhat hazardous recreation. Sports are psycho-social activity. Sports have a very important role in modern society. It is important to an individual, a group, action and indeed the world.

Purpose: The purpose of the study was to "An Assessment of Sports Achievement Motivation among Intercollegiate Women Volleyball Players of Kuvempu University".

Methodology: In order to achieve the purpose of the study data was collected fifty (50) women volleyball players during inter collegiate competition.

Results: the results of the study the women volleyball players sports achievement motivation level was moderate level.

Keywords: Sport, sports achievement motivation

1. Introduction

Ask any person who is successful in whatever he or she is doing what motivate him/her, and very likely answer will be "goals". Achievement motivation is an effective arousal state directing behavior in an achievement oriented activity cognitively appraised as potentially satisfying. The desire to accomplish difficult tasks and overcome obstacles. More specifically, when an individual is not so much concerned with success or failure in a given task as with Attaining a certain standard set for him or herself. There are many studies conducted in the aspect of achievement motivation and its effect on performance. Studies suggest that achievement motivation is most significant predictor of performance and essential to participate in a competition (Huschle, et. al. 2008; Carey, et. al. 2000) Several motivation theories in the academic area have been adopted in the quest for greater understanding of achievement motivation in sport (Ames, 1984, 1992; Dweck, 1986; Nicholls, 1989).

Achievement Motivation:-Achievement motivation is an effective arousal state directing behavior in an achievement oriented activity cognitively appraised as potentially satisfying.

2. Methodology

The subjects for the study randomly selected will be fifty (50) female volleyball players of Kuvempu University during 2017-18. The age ranged between 18 to 25 years. The subjects are from different colleges of Kuvempu University. The investigator explain the purpose of the study and oriented from about the test the different stages, the meaning of different words and statement in the questionnaire work explain to the subject. Sports achievement motivation test was administered to the players during the Kuvempu University Inter Collegiate Women's meet. Sports achievement motivation questionnaires were formulated by M.L.Kmalesh achievement motivation test questionnaires. The questionnaires were handed over to the subjects and the subjects were asked to answer all the questions without omitting any questions. Before collecting the questionnaires an attempt was made to check whether all the statements in the questionnaires were answered or not.

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The scoring was done by the answer keys suggested by concerned authors.

3. Statistical Analysis

To analyze the study descriptive statistics including percent analysis was applied. The data collected from subjects were treated with the statistical techniques.

4. The Analysis, Interpretation and Results of Study

The study was to identify the level of Sports achievement

motivation among Kuvempu University intercollegiate volleyball women players. The data was collected from Kuvempu university intercollegiate volleyball female players by using M. L. Kmalesh sports achievement motivation test questionnaire respectively.

The rating scale of competition anxiety is given below:

1. Less than 24 - low achievement motivation
2. 24 – 30 - Moderate achievement motivation
3. More than 30 - High achievement motivation

Table 1: Sports achievement motivation level of female Volleyball players

sports achievement motivation level	Subjects	Total subjects	Percentage
low achievement motivation	11	50	22%
Moderate achievement motivation	19	50	38%
High level of achievement motivation	20	50	40%
Total percentage			100%

The table 1 shows that 22% of women Volleyball players are low level of sports achievement motivation, 38% of women Volleyball players are moderate level of sports achievement

motivation and 40% women Volleyball players of high level of sports achievement motivation.

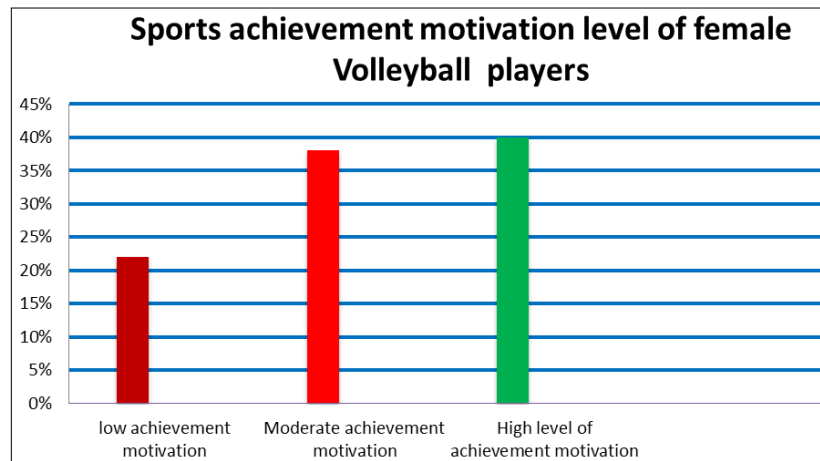


Fig 1: Shows the percentage of Sports achievement motivation level of female Volleyball players

Table 2: Sum and Mean (Average) score of Sports achievement motivation level of female Volleyball players

Subjects	Sum	Mean
50	1400	28

The mean score of sports Sports achievement motivation is 28 which stand in “Moderate level of sports achievement motivation” Kuvempu university female Volleyball players are Moderate level of sports achievement motivation.

6. Conclusions

Based on analysis and results, the following conclusion was drawn.

From this study, it is indicated that the degree of sports achievement motivation are average because of same level of training and participation in Kuvempu University inter collegiate women players.

7. References

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