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**Rajeev**  
Department of Physical Youth  
Services and Sports Education  
Teacher, Jammu and Kashmir,  
India

**Inderjeet Singh**  
Research Scholar, Punjab  
University, Punjab, Chandigarh,  
India

## Involvement of female sports person in Khelo India school games at grass root level of Jammu Province

**Rajeev and Inderjeet Singh**

### Abstract

The purpose of the study was to determine the involvement of female sports person in Khelo India at grass root level. Purposive sampling method was applied to collect the data. Only female sports persons who were participated in inter school zonal level in Khelo India Youth Games were taken as sample. After analyzing data it was concluded that involvement of female sports person was highest in Kho-Kho rather than other games.

**Keywords:** Khelo India, Grass root

### Introduction

Khelo India school games comes under khelo India programme. Khelo India school games inaugurated by Prime Minister Sh. Narendra Modi on 31 January 2018 at Indira Gandhi Arena, New Delhi. Khelo India school games now renamed as Khelo India Youth Games. Khelo India Youth Games are the national level multidisciplinary grass root games held annually. These games focus on two categories i.e under 17 years school students and under 21 college students. The purpose of these games is to find out best 1000 kids every year and they will be given an annual scholarship of five lakh rupees for eight years to prepare them for the international competitions.

### Objective of the study

The present study was under taken

1. To find out the percentage of female players participated in Khelo India school games in inter school zonal level.
2. And to find out in which games female players have mass participation.

### Delimitations

The study was delimited to inter school zonal level of district Kathua and only one zone is selected. The study was restricted to four games only i.e Volleyball, Kabaddi, Kho-Kho and football.

### Methodology

The purpose of the study was to find out the involvement of female sports person in Khelo India youth games. To achieve the purpose of this study, the investigator collected the data from the available evidences and documents. Information given by record committee of Khelo India was verified personally from the available records. Female players who participated in inter school zonal level in Khelo India youth games only were taken as the sample by applying purposive sampling technique.

### Result and Discussion

After careful examination of the collected data the researcher analyse the data and further investigation were made which is presented herewith. The data of female players in different games is presented in table no. 1.

**Corresponding Author:**  
**Rajeev**  
Department of Physical Youth  
Services and Sports Education  
Teacher, Jammu and Kashmir,  
India

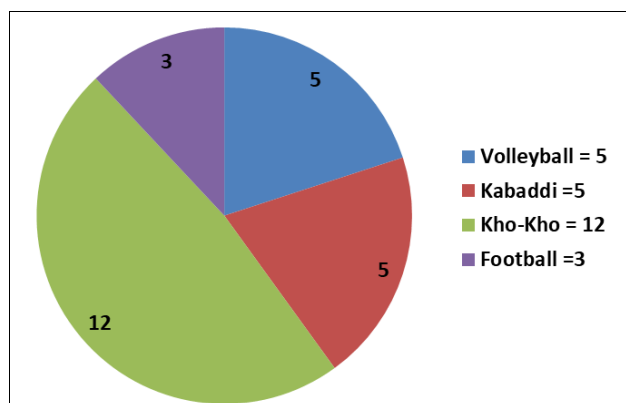
**Table 1:** Graphical representation of female players participated in different games.

S. No.	Name of game	Number of teams
1	Volley ball	5
2	Kabaddi	5
3	Kho-Kho	12
4	Football	3

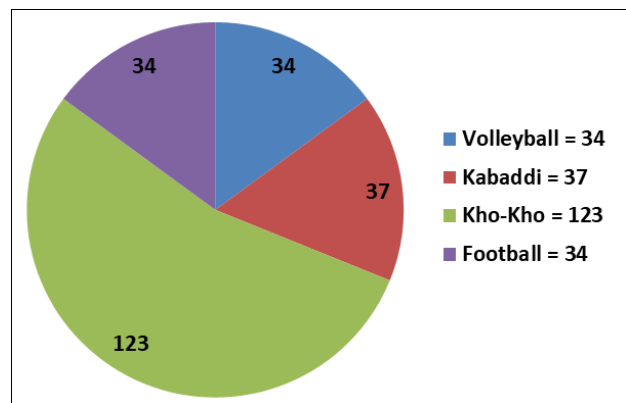
Further the total number of female players participated in different games is presented in table number 2

**Table 2:** Graphical representation of total number of female players participated in different games.

S. No.	Name of game	Number of players
1	Volleyball	34
2	Kabaddi	37
3	Kho-Kho	123
4	Football	34



**Fig 1:** Female players participated in different games



**Fig 2:** Total number of Female players participated in different games

**Conclusion**

It is found that female players participated in all the four games i.e Volleyball, Kabaddi, Kho-Kho and football but the highest number of participation in Kho-Kho. After analysing the data it is found that 54% of female players participated in Kho-Kho.

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