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A comparative study on attitude towards sports and physical education of under graduate Girls student in Dharwad district

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Abstract

The purpose of the study was to examine the sports activity patterns of young Girls's in active sports, who participates at the intercollegiate sports and championships, under various categories like graduate college sports. The specific objectives were to collect information on: girl's student's attitude towards sports and Physical Education activities. Data collected from undergraduate girls students N=60 from various colleges who are affiliated to Karnataka university Dharwad. Further subjects were divided into two groups, Rural and Urban Girls Students. Descriptive analyses were applied to find out the difference between Girls student, the author found that there is no significant difference between students from rural and urban girls degree colleges with respect to attitude towards sports. It was also recommended that such studies can be carried out on a larger number of students.

Keywords: Social, undergraduate, Attitude, Girls, Sports, urban and Rural

Introduction

Attitudes are ideas or feelings that one may have about something as a result of past experience or as a result of imaginative likes and dislikes. More aver. Attitudes may change as often as we sometimes hear that a girls may change her mind. It is a time of new opportunity for girls in every sport. With the new attitude towards girls' athletics and the introduction of Title, participation is up in the usual active female areas. Both girls have gone above and beyond their call, pervading every realm of the sports world.

The young males have always been encouraged to participate in athletics apply to females as well. The new trends in athletics were perhaps best demonstrated by the phenomenal popularity of girls' events in the Olympics. Vied for seats to see the Dream Team whoop it up, and I don't mean the one with Shaq and Penny. The media have played a vital role in the emergence of girls' sports. Males have always been able to follow the accomplishments of their sports heroes through the barrage of coverage on television, magazines, and the newspapers.

Purpose of the study

The general purpose of this research was to examine the sports and Physical Education activity patterns of young girls, Under Graduate College. The specific objectives were to collect information on

- To find out the attitude of rural and urban Girls towards sports and Physical education.
- To discriminate among rural and urban girls' participation of sports in intercollegiate level.

Hypothesis

1. There is no significant difference between students from rural and urban Girls degree colleges with respect to attitude towards sports and Physical education.

Methodology

This test has been conducted to prove that girls studying in under graduation courses are highly interested in sports and Physical education.

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Variables

Total 60 girls were recruited for the purpose of the study, further it was divided into two groups Rural Girls and Urban Girls whom actively participates in the intercollegiate sports of the University.

Table 1: list of subjects selected for the study

| Girls | Urban Girls | Rural Girls |
|-------|-------------|-------------|
| N=60 | N=30 | N=30 |

Test Administration

For the convenience of the study 30 questionnaires were framed with the help of experts in the field of Physical Education and sports. The Questionnaire contained 30 questions on sports. Each question contained 5 options and each option carried different marks.

Results of the present Study

Differential statistics

In this section, we are compared between rural and urban degree college girl students with respect to attitude towards sports and Physical education by unpaired t-test. The results are presented in the following tables.

Hypothesis

There is no significant difference between students from rural

and urban girls degree colleges with respect to attitude towards sports and Physical education.

To achieve this hypothesis, the unpaired “t” test was applied and the results are presented in the following table.

Table: Results of t test between students from rural and urban girls degree colleges with respect to attitude towards sports and Physical education.

Table 2: Descriptive analyses table of rural and urban girls

| Location | n | Mean | SD | t-value | p-value |
|----------|----|-------|------|---------|---------|
| Rural | 30 | 94.20 | 9.35 | -2.2241 | 0.0300* |
| Urban | 30 | 98.80 | 6.40 | | |

* $p < 0.05$

- From the results of the above table, it can be seen that, a significant difference was observed between students in rural and urban girls degree colleges with respect to attitude towards sports and Physical education ($t = -2.2241$, $p < 0.05$) at the 5% level of significance. Hence, the null hypothesis is rejected. It means that, the students of urban degree college girls have higher significant attitude scores towards sports as compared to rural students. The mean scores are presented in the following figure.

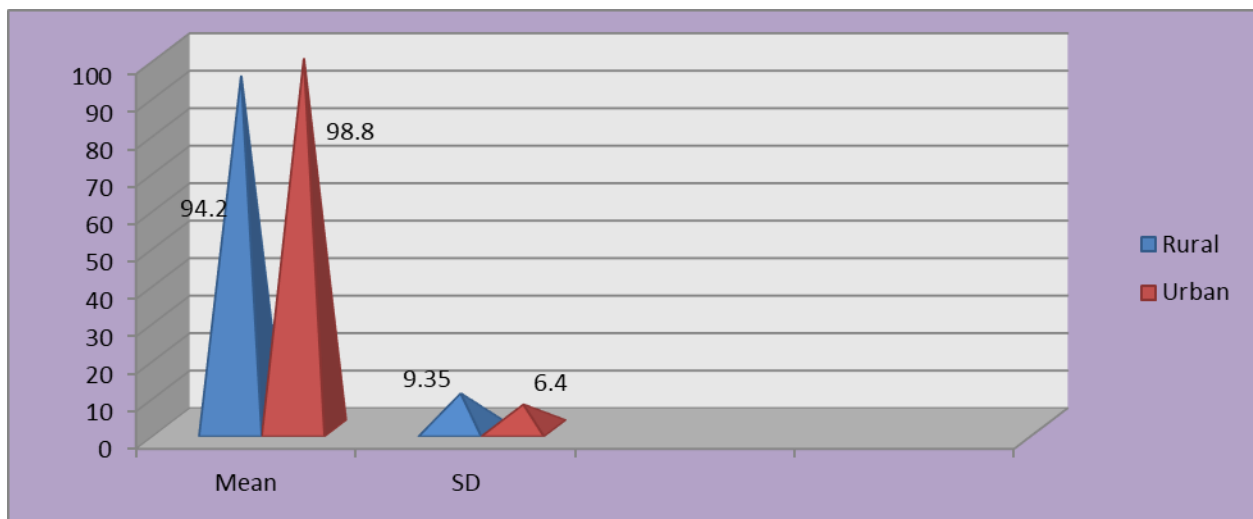


Fig 1: The mean scores are presented in the Rural and Urban

Conclusion

The Compared to Rural and Urban degree college girl students had a favorable attitude towards the sports and Physical Education to Their significance difference between strongly agree and strongly disagree. The most of Urban degree College girls had answered strongly agree.

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